



Royal Canadian Legion Branch 445

**345 Lansdowne St.
Callander ON PoH1H0
Office: 705-752-3773
Lounge: 705-752-1322**



THE ROYAL CANADIAN LEGION, BRANCH 445
345 Lansdowne Street
CALLANDER, ON P0H 1H0

BRANCH EXECUTIVE - 2013-14

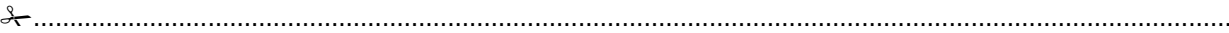
President	Glenn Bennett.....	705-752-5923
Past President	Larrie Coulson.....	705-840-2325
1st Vice.....	Don MacDonald.....	705-497-3103
2nd Vice.....	Ron Van Tassell.....	705-497-1102
3rd Vice.....	Caven Ford.....	705-752-2951
Treasurer.....	Kathy Landon.....	705-752-5365
Secretary.....	Helen Turgeon.....	705-752-2624

ELECTED & APPOINTED EXECUTIVE COMMITTEE - 2013-14

Membership.....	Emma Bennett.....	705-752-5923
Sgt. at Arms.....	Steve Larocque.....	705-776-1625
Poppy Chair.....	Irene Lewis.....	705-776-2214
PRO.....	TBA.....	
Bar.....	Jim Landon.....	705-752-5365
House and Property.....	Jim Landon.....	705-752-5365
Banquets.....	Helen Lariviere.....	705-472-4688
Liaison Officer.....	Don Bickerton.....	705-752-2204
Bylaws, Honors and Awards.....	Don MacDonald.....	705-497-3103
Seniors.....	TBA.....	
Pipe Major.....	Lloyd Stamp.....	705-752-3663
Nevada / Lottery.....	TBA.....	
Sick and Visiting.....	Tony Gagliardi.....	705-752-2867
Padre.....	TBA.....	
Sports.....	Larrie Coulson.....	705-840-2325
Service Officer.....	Ron Van Tassell.....	705-497-1102
Audit Committee.....	TBA.....	
Bulletin.....	Caven Ford.....	705-752-2951
Youth and Education.....	Ron Van Tassell.....	705-497-1102
1st. Callander Scouting Rep.....	Caven Ford.....	705-752-2951

LADIES AUXILIARY EXECUTIVE - 2013-14

President	Helen Lariviere.....	705-472-4688
Past President	Irene Lewis.....	705-776-2214
1st Vice.....	Laura Ranger.....	705-476-6974
2nd Vice.....	Irene Lewis.....	705-776-2214
Recording Secretary.....	Helen Turgeon.....	705-752-2624
Treasurer.....	Helen Deforge.....	705-776-7667
Sgt. at Arms.....	TBA.....	



If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the bar.

Last Name: _____ First Name: _____

Street Address: _____

City: _____ Postal Code: _____

PRESIDENT'S REPORT

Comrades,

Summer is in full bloom and vacations are all around us. So if you are out driving, watch out for the extra people on the roads as summer is when the kids are home from school and on the streets. If you have family in from out of town for summer vacation, drop by your Branch and show them around and have a pop or a drink; whatever you like. If you are around on Friday, drop in for the dine-in. Friday night there is still fun darts with anybody welcome. We have Horseshoes on Wednesday nights. Kids are playing ball on the fields Monday thru Thursday so lots of things to watch or participate in, at your Branch. In the coming months we are hoping to get the branch painted on the inside, to have a fresh start for the fall.

In closing if you like turkey we are having Christmas in July on the 21st come out and join us. Tickets on sale at the bar. Enjoy the summer whether staying in town and having family in or going to visit family, drive safe and have a great summer.

Yours in Comradeship,
Glenn Bennett

1st VICE PRESIDENT'S REPORT

Comrades,

Here we are again with those wonderful days of Summer. Some of us will take vacations to visit family or just to see new parts of the world. There are others who may not enjoy travelling and who decide to stay home and relax. Either way I am sure you will enjoy and so you should.

Your Branch Executive have assumed the responsibility for the affairs of the Branch for the duration of the summer months. Yes Comrades, even though normal operations have broken off for this summer recess, your Executive will continue the business of the Branch to ensure we are heading in the proper direction. We, as usual, will be holding Executive meetings every month while General meetings are suspended.

Comrades, I remind everyone that we are about to paint the main hall and the back halls as well. To do this requires many hours of volunteer effort. At this point I urge all who are available and healthy to come out and assist us in this venture. Many times I have heard said, this is my branch too. Well Comrades, this is your chance to come through for your branch. I personally have great confidence that you, the members, will be there for us.

In closing, may you all enjoy a wonderful and safe holiday and we the Executive look forward to seeing you in September at our next General Meeting.

Yours in Comradeship,
Don MacDonald

HONOURS AND AWARDS

At the June 06, 2013 General Meeting there were presentations of Bars and Service Pins. The recipients of bars were all in attendance however there were many that were due to receive Year pins that were not. Comrades, this event was well advertised not only in your monthly Bulletin but posted as well in the Member's Lounge. Any member that was not in attendance at this General Meeting to receive their pin may do so at the next General Meeting of their choice.

Yours in Comradeship,
Don MacDonald

SICK AND VISITING

Comrade Rolly Corriveau is now in Nipissing Manor, Comrade Aline Truchon is in North Bay General Hospital. A few people have passed away; Comrade Ernie Coolbear, Comrade Helen Turgeon's sister and Comrade Ralph Schutz's father. Comrade Brent Coleman is at home and doing well.

If there is anyone you know that is sick, please call me to let me know at 705-752-2867.

Yours in Comradeship,
Tony Gagliardi

SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

Ron Van Tassell at 497-1102.

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship,
Ron Van Tassell

HOUSE AND PROPERTY

If there are any handy men and ladies interested in helping out at your Legion, please call Jim Landon at 705-752-5365 to assist in keeping the branch in good shape. Some items currently in need are assistance with painting, small repairs, yard clean-up and repairs to the stage. Painting of the Main Hall is due to commence soon.

Yours in Comradeship,
Jim Landon

50/50 Draw

Tickets cost \$1.00 each and are available only at the bar. The maximum number of tickets printed is 800 and the prize is 50% of all tickets sold during the eligible period prior to the individual draws. Tickets are only valid for the draw date on them. The remaining 50% will benefit local charities. Our Lottery License is on display at the bar and a list of previous winners is posted at the branch. June's winner was Caven Ford.

Yours in Comradeship

LESLIE'S HEALTHY EATING CORNER

BREAKFAST:

HAM & EGG MELT - Serves one

1 large egg

3 slices fat-free deli ham

1 slice 1% or non-fat processed cheese

1 English Muffin cut in half

1 tsp. soft, light margarine

*Scramble egg and deli ham in a large, non-stick pan. Remove from heat and top with cheese. Cover pan and allow cheese to melt

*Toast English Muffin and spread with margarine. Place egg, deli ham and cheese on the English Muffin.

LUNCH:

CHICKEN CAESAR WRAP OR PITA - Serves one

2 slices of cooked chicken or turkey bacon

1/2 cup romaine lettuce

1/2 ounce grated parmesan cheese

1/4 cup of cucumber

2oz. skinless, chicken breast cooked and cubed

1tbsp fat-free Caesar salad dressing

1 6" tortilla or one pita that can be stuffed

*Cook and crumble chicken bacon. Mix bacon, romaine lettuce, parmesan cheese, cucumber, chicken, and Caesar dressing. Wrap in tortilla or stuff into pita

DINNER:

ITALIAN SCHNITZEL - Serves four

4 tsp. olive oil

4 veal schnitzels (4oz each)

sprinkle any spices of your choice minus anything with salt

1/4 tsp. black pepper

1/4 cup bread crumbs

8oz white wine

4 tbsp. fat-free sour cream

1 & 1/2 cups cooked noodles

*Heat olive oil in a frying pan

*Sprinkle prepared veal schnitzels with your spice mix, and black pepper. Roll into bread crumbs. Fry for five to seven minutes or until slightly golden brown. Reduce heat and add white wine and sour cream. Simmer for 10 minutes. Serve hot with noodles.

Yours in Comradeship,
Leslie Cerisano - PRO

August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Roast Chicken Bill Vrabosch Summer Fun Darts	3 Family Reunion - Main Hall
4	5 Ladies GMFA Softball	6 Fiddlers 7:00pm Callander Minor Girls Softball	7 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm	8 Callander Minor Girls Softball	9 Pork Schnitzel Back in Tyme Summer Fun Darts	10 Back in Tyme Fund Raiser - Main Hall
11	12 Ladies GMFA Softball	13 Callander Minor Girls Softball	14 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm	15 Legion Executive Meeting 7:00 pm Callander Minor Girls Softball	16 Roast Beef Rebecca Summer Fun Darts	17
18 Baby Shower Sen- ior's Room	19 Ladies GMFA Softball	20 Callander Minor Girls Softball	21 O/55 Darts VON Foot Clinic- Seniors Room Callander Minor Girls Softball Horseshoes 7pm	22 Callander Minor Girls Softball	23 Fish and Chips Bill Vrabosch Summer Fun Darts	24
25	26 Ladies GMFA Softball	27 Callander Minor Girls Softball	28 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm	29 Callander Minor Girls Softball	30 Shepherds Pie Back in Tyme Summer Fun Darts	31

July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Ladies GMFA Softball	2 Fiddlers 7:00pm Callander Minor Girls Softball	3 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm Gold Buy-Senior's Room (buys old gold jewelry)	4 Callander Minor Girls Softball	5 Roast Chicken Bill Vrebosch Summer Fun Darts	6 Wedding Dinner and Reception
7	8 Ladies GMFA Softball	9 Callander Minor Girls Softball	10 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm	11 Callander Minor Girls Softball	12 Pork Schnitzel The Legends Summer Fun Darts	13 Funeral Luncheon- Main Hall
14	15 Ladies GMFA Softball	16 Callander Minor Girls Softball	17 O/55 Darts VON Foot Clinic-Seniors Room Callander Minor Girls Softball Horseshoes 7pm	18 Callander Minor Girls Softball Legion Executive Meeting 7pm	19 Roast Beef Back in Tyme Summer Fun Darts	20 Ladies Auxiliary Garage Sale 9am to 2pm
21 Christmas in July Turkey Dinner Back in Tyme Entertaining	22 Ladies GMFA Softball	23 Callander Minor Girls Softball	24 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm	25 Callander Minor Girls Softball	26 Fish and Chips Rebecca Summer Fun Darts	27 District Golf Tournament-Steak Dinner (Senior's Room)
28	29 Ladies GMFA Softball	30 Callander Minor Girls Softball	31 O/55 Darts Callander Minor Girls Softball Horseshoes 7pm			

BANQUET REPORT

Comrades,

Come join us for the Friday night dine-in with different menu items every time and music to follow. Please check the calendar in this bulletin for upcoming bands and meals. Also, our popular meat draws have a winner every time!

Some upcoming events to keep in mind in June and July:

June 23 - Baby Shower - Senior's Room

June 29 - Wedding Dinner and Reception in the Main Hall - Bennett

June 30 - Gift Opening - Senior's Room

July 3 - Gold Buy - Senior's room - cash for your old gold

July 6 - Wedding Reception—Main Hall

July 13 - Funeral Luncheon - R. Schutz

July 20 - Ladies Auxiliary Garage Sale

July 21 - Christmas in July - turkey dinner and Back in Tyme entertaining

July 27 - District Golf Tournament - High View Golf Course, steak dinner to follow (\$70.00)

We would also like to express our gratitude for the dedication of the volunteers for this p[ast term and this poem aptly put forth to each of us:

Valuable is the work we do
Outstanding is how we always come through
Loyal, sincere and full of good cheer
Untiring in our efforts throughout the year
Notable are contributions we make
Trustworthy in every project we take
Eager to reach our every goal
Effective in the way we fulfill our role
Ready with a smile like a shining star
Special and wonderful, that's what we all are!

Yours in Comradeship,

Helene Lariviere and Brian Villeneuve - Banquet Coordinators

Phone: 705-752-1322

Branch Bar Hours

Monday thru Thursday: 11 am - 9 pm

Friday: 11 am - 11 pm

Saturday: noon - 9 pm

Sunday: Noon - 6 pm

Don't forget that our deck is also licensed!

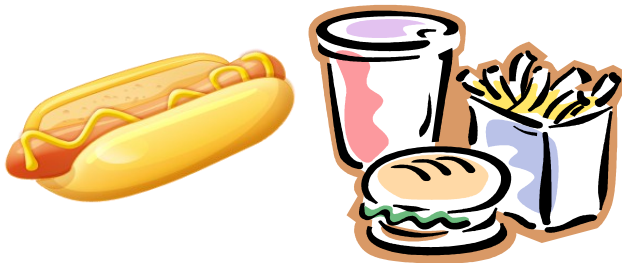


PERSONAL GARAGE SALE ITEMS TREASURES AND CRAFT ITEMS

When: Saturday July 20, 2013 - 9am to 2pm
Where: Royal Canadian Legion Branch 445
345 Lansdowne Street Callander



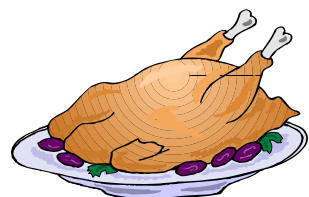
**Canteen open from 10am to 1pm
Fries, Hot Dogs and Hamburgers**



Drop off donations and Garage Sale Items at the Callander Legion every Wednesday and Friday evenings from 7pm to 9pm.



Christmas In July Turkey Dinner



Where: Callander Legion
When: Sunday July 21, 2013
Serving from 5-7pm
What: Turkey Dinner and
“All the Fixings”
Cost: \$12.00 per person

Entertainment donated by:
Back in Tyme (starts at 2pm)

Tickets available at the Bar



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E - andrewperrin@telus.blackberry.net



Vic Fedeli

MPP Nipissing

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Phone: 705-474-8340
vic.fedeli@pc.ola.org



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